



Vallabhbhai Patel Chest Institute

University of Delhi, Delhi (India)

in association with

Society for Tobacco Control

Organise

SMOKING CESSATION

cum

Contact Programme of Certificate Course in Tobacco Cessation

Time & Date:

Friday, 27th October, 2023

Venue:

Paintal Memorial Golden Jubilee Auditorium, VP Chest Institute, Delhi

Scientific Programme

Time	Topics	Speakers	Chairpersons
09:30 AM – 10:00 AM	Registration		
10:00 AM – 10:25 AM	Inauguration & Introduction about program	Dr. Raj Kumar	Dr. D Behera Dr. Sonam Saplgais
10:25 AM – 10:50 AM	Epidemiology and Forms of Tobacco Use	Dr. Parul Mrigpuri	
10:50 AM – 11:15 AM	Health hazards of tobacco use	Dr. BK Menon	
11:15 AM – 11:45 AM	Tea Break		
11:45 AM – 12:10 PM	Tobacco Cessation Pharmacotherapy	Dr. Nitin Goel	Dr. Ujjwal Parakh Dr. Nitesh Gupta
12:10 PM – 12:35 PM	Tobacco Cessation Non-Pharmacological	Dr. Siddharth R Yadav	
12:35 PM – 01:00 PM	Setting up of Tobacco Cessation Clinic	Dr. Raj Kumar	
01:00 PM–02:00 PM	Lunch Break		
02:00 PM – 02:25 PM	National Tobacco Control Programme	Dr. Sonam Saplgais	Dr. BK Menon Dr. Parul Mrigpuri
02:25 PM – 02:50 PM	National Tobacco Quitline Services (NTQLS)	Dr. Raj Kumar	
02:50 PM – 03:15 PM	Newer Modalities for Smoking Cessation	Dr. Nitesh Gupta	
03:15 PM – 03:40 PM	Tea Break		
03:40 PM – 04:10 PM	Practical Demonstration How to fill up questions? Measure addiction level, Use of breath CO monitor, Group counselling, Follow up of subjects etc.	Dr. Parul Mrigpuri/Dr. Sonam Saplgais	
04:10 PM – 04:35 PM	Visit to National Tobacco Quit Line (NTQLS)	Dr. Parul Mrigpuri/Dr. Sonam Saplgais	

Eligibility

Medical Graduate with MBBS/BDS/DM/MD/Scientist having recognized Ph.D. degrees and actively engaged in Tobacco Cessation /Control activities

Register now*

Registration Fees: Rs 3000/-
(DD/Cheque in favor of "Society for Tobacco Control" payable at Delhi)

Organizing Chairman

Dr. Raj Kumar

Director, Vallabhbhai Patel Chest Institute, University of Delhi, Delhi

Dr. Sonam Spalgais

Co-Organizing Secretary

Assistant Professor, Pulmonary Medicine, VPCI, Delhi

Dr. Parul Mrigpuri

Organizing Secretary

Assistant Professor, Pulmonary Medicine, VPCI, Delhi

For details please contact:

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***Note: Those applicants who have already applied no need to apply again.**